




**FREE NEW WORKSHOP**

*International School of personal,  
interpersonal, and transpersonal  
transformation and research*

**Join us for a  
NEW LEVEL OF JOURNALLING!**

**Reality is my  
teacher**  
*Gathering my  
observations*



- **Follow your natural curiosity**
- **Learn from your reality**
- **Structure your findings and insights**
- **Discover the scope and benefits of becoming a researcher of your own life**
- **Welcome a new way of sharing experience**

**Bonus workshop (online)  
Sat. 1st July 2023  
9am - 1pm UK time**

**Open to all**  
**Payment by vouchers or  
voluntary donation**

**Facilitator: Robina Scott  
PRH England Educator**

**registration details:  
info@prhEngland.co.uk**

*“Reality is  
my teacher”*

André Rochais

