



Dates: Monday 23rd – Friday 27th January 2017

Time: Starting 10am on 23rd – Finishing lunchtime 27th

Cost: sliding scale + £10 for art materials + venue cost

Venue: Belsey Bridge Conference Centre, Ditchingham, Suffolk, NR35 2DZ

Only £50 deposit required by 5th December for Early Bird discount.

The workshop is open to all adults. Although preferable to have some prior PRH experience, beginners will be very welcome. **Definitely no art skills required!**

Opening to Realities Greater than Myself

Explore the dimension of transcendence within you through creative expression

(4.5 days residential)

Benefits you can expect:

- Identify more clearly the *dimension of transcendence* in your life
- Bring form to your *experience of transcendence* in visual elements through creative expression
- Encourage the *emergence of this aspect of your life* and give yourself *the means to go further* with it

Themes covered:

- Experiences of human solidarity that move me
- My ability to connect with what appears infinite to me
- Myself as a witness to the progress of humankind
- My deep gifts and values – at which I marvel, and that open me to *More than me in me*

Format for each day:

- A theme proposed by the Educator to launch you into the process
- Time for in-depth creative expression on that theme
- Time to step back to reflect and explore your completed work
- Time for sharing your day's work

For further information and registration details:

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